



# Allison Blaisdell, MSTOM, Lic.Ac., Dipl.Ac., CCHt.

[www.FitchburgAcupuncture.com](http://www.FitchburgAcupuncture.com)

21 Culley St, Fitchburg, MA 01420

617-792-2913

## PROFESSIONAL EXPERIENCE

### Private Practice Owner – Fitchburg Acupuncture since January 2022

Sept 2003 – Present

- An acupuncturist in private practice since 2003, I have opened and grown clinics in Arlington, Boston, Quincy, and Fitchburg, MA.
- Currently providing acupuncture, health education, herbal medicine, nutritional counseling and hypnosis to Northern Worcester County and Southern New Hampshire.
- Collaborating closely with the patient's primary care physician(s) in order to provide comprehensive healthcare for each individual.
- Evaluates patient's list of medications to rule out any cautions, contraindications, or interactions when prescribing any and all herbal or nutritional supplements.
- Following rigorous safety, quality, and infection control procedures and guidelines, including COVID19 precautions.
- Maintaining patient medical records with strict adherence to HIPAA compliance.
- A trusted vendor for outside contracts such as Onsite Academy at Windy Hill Farm and Rainbow Adult Day Health Center.

### Adjunct Faculty – Massachusetts College of Pharmacy and Health Sciences

Jan 2023 - Present

- Delivers supervision in a Clinical setting and provides experiential clinical instruction in person and/or via telemedicine in the acupuncture and/or Chinese herbal medicine clinics.
- Provide an engaging active learning environment for students.
- Provide students with periodic informal as well as formal evaluations of their progress toward meeting placement objectives

### President – Acupuncture Society of Massachusetts

May 2016 – Sept 2018

- Spearheaded legislative work with regard to the practice of Acupuncture in the Commonwealth of Massachusetts.
- Worked closely with lobbyists to present bills and testimony to legislators in committee on Beacon Hill
- Coordinated the offering of NCCAOM PDA events, fundraising efforts, and membership drives.
- Oversaw rebranding and marketing efforts to modernize the image of the organization.

### Acupuncturist

June 2015 – May 2017

#### Dana - Farber / Brigham and Women's Cancer Center. in clinical affiliation with South Shore Hospital

- Provided oversight for the development of new acupuncture program, including policies and procedures, documentation templates, and marketing materials to promote services to patients and other providers.

### Acupuncturist

April 2015 – Sept 2015

#### Massachusetts General Hospital, Katherine A. Gallagher Integrative Therapies Program

- Providing acupuncture for oncology patients in both inpatient and outpatient settings. Treatment of side effects of oncology treatment including neuropathy, xerostomia, hot flashes, anxiety and pain.
- Ensuring that patients have proper medical clearance to receive acupuncture treatment, and reviewed lab results to confirm no contraindications to acupuncture such as neutropenia or thrombocytopenia.

### Team Leader, Integrative Therapies

April 2012-Sept 2015

#### Massachusetts General Hospital, Revere Health Center - affiliate of Benson-Henry Institute for Mind Body Medicine

- Oversight and management of all procedures and operations of the clinical and administrative team at the Wellness Center at the Revere Health Center.
- In addition to providing patient care, responsibilities include community outreach and health education, patient intakes, proper referral of patients with emergent conditions, ensuring the clinic's compliance with MGH and Joint Commission standards, and assisting in grant writing.
- Maintained a diverse, accessible, and culturally appropriate Integrative Therapies program and worked to remove barriers to care.
- Participating regularly as a guest speaker and providing demonstrations for classes at the Wellness Center, to educate patients and providers about the benefits of acupuncture and other integrative therapies.

## EDUCATION

<b>Pacific College of Oriental Medicine, San Diego, CA</b>	<b>2003</b>
Master of Science in Traditional Oriental Medicine	
<b>Pacific College of Oriental Medicine, San Diego, CA</b>	<b>2001</b>
Massage Technician Certificate	
<b>East West Institute of Integrative Medicine, Cambridge, MA</b>	<b>2000</b>
Certificate in Ayurvedic Bodywork and Aromatherapy	
<b>Northeastern University, Boston, MA</b>	<b>1997</b>
Emergency Medical Technician Certificate	

## CURRENT CERTIFICATIONS

✓ Certified Clinical Hypnotherapist, International Certification Board of Clinical Hypnotherapists	2021
✓ Certified Hypnosis Instructor, International Certification Board of Clinical Hypnotherapists	2020
✓ Integrative Life Coach, Center for Integrative Hypnosis	2020
✓ Certified Hypnosis Trainer, National Guild of Hypnotists	2019
✓ Certified Consulting Hypnotist, National Guild of Hypnotists	2018
✓ Certified Personal Trainer, American College of Sports Medicine	2014
✓ Diplomate in Acupuncture, National Certification Commission for Acupuncture and Oriental Medicine	2003
✓ Licensed Acupuncturist, Massachusetts Board of Registration in Medicine	2003
✓ Certificate in Ayurvedic Medicine, 1000 hours, East West Institute of Integrative Medicine	2000
✓ Certified in CPR / AED and First Aid, American Red Cross	1997